### Marina Isle Information

Follow Us On Social Media



#### SCAN ME











Website





**Activities** 





**Marina Press** 





**Email** 







## Marina Press

Newsletter





Assisted Living Facility #13439

530 N Palmetto Ave, Sanford, FL 32771

407-499-7300

info@marinaisle.com

# Welcome

New Residents

John A
William B
Dwayne G
Maria M



### **PRIORITY**

Transportation Tuesday and Friday between 9am-3pm!

Please fill out Transportation request form and turn it in 2 weeks in advance. If you have any questions reach out to Amanda in activities.

#### Our Management Team



#### **Gamers Corner**

Summer is in full swing, and it's time to hunt for sunny words in this word search! Imagine you're exploring a summertime jumble of letters. Can you find all the hidden words related to this season? Words may hide in any direction—forward, backward, up, down, or diagonally. When you spot a word, circle it and mark it off the list. Enjoy the search and celebrate the joys of summer!



Word Search





BARBECUE BASEBALL

BEACH

BIKE RIDE

BOATING

CAMPING COCONUT

FIREFLY

**FIREWORKS** 

FLIP-FLOPS

FRISBEE

HAMMOCK

HIKING

HOT DOG

ICE CREAM

KITE LEMONADE

PICNIC

POPSICLE

SANDCASTLE

SEAGULL

SEASHELLS

QRCWMHKRAPRETAWDQHM NLSFRISBEEVACATIONS CRWSMKNCBHCGCVKTSZE YTIKZIJMMIDZKZDFETS GCMRVNLCNMKRMOLFABS LEMOLGECYNHEGJMMSOA TDIWBSIERELARPMQHAL EANEYPECRLTSMINDETG UNGRWLAAACPISMDRLIN CORICMFBGOSEKQOELNU EMTFPKEELUANRMKCSGS BEKINSJFRSLCUMNPKTN RLNKAMPKIIXLTSRYXQN AGRBYIQDVTFRQBEACHP BTLTLNEVMQCZTUNOCOC J J P F C D N G J G N I F R U S F Q D DNELTSACDNASQLKZLVJ MDLHVPOPSICLEMJWDRH MAERCECINOLEMRETAWK

SEASIDE
SUNGLASSES
SUNSCREEN
VACATION

SURFING WATERMELON

WATER PARK

© 2024 WordsAreFun.com, All Rights Reserved.







In 2025, Taurus will experience a year of financial abundance and opportunities for growth, particularly in their career and relationships. Jupiter's transit into the second house will bring prosperity, while Uranus continuing its journey through the sign will bring unexpected changes and a chance for self-expression.





## Summer Reminders!

The heat can really sneak up on you, and sometimes you don't even feel thirsty, but your body still needs that hydration. It helps keep you feeling good, keeps your energy up, and can even keep you from feeling dizzy. So, try to keep a bottle of water nearby and sip on it throughout the day!

## Foods can help too!

- Watermelon Composed of about 92% water, it's one of the most hydrating fruits you can eat.
- Cucumber With 96% water, cucumbers are not only hydrating but also low in calories.
- Strawberries About 91% water, plus they're full of antioxidants and vitamin C.
- Cantaloupe Another melon that's packed with water, offering around 90% hydration.
- Oranges Not only hydrating (about 86% water) but also a great source of vitamin C.

## Outings w/ Amanda & Milda:

Walmart - 06/05
Chinese Buffet - 06/19
Publix - 06/26

Wednesday Evening w/ Shawn

Dinner Outing - 06/04
Pool & Poker - 06/11
Ladies Night - 06/18
Guys Night - 06/25

#### **Entertainment:**

Guitar Dan - 06/10 Christian - 06/16 Jiller Music - 06/20 Mario - 06/24

Boat Rides w/
Jody & Phoebe

06/12